

# MHBP STANDARD OPTION: Low rates + rich benefits



SERVING POSTAL  
SERVICE EMPLOYEES  
SINCE 1963



## Comprehensive coverage at an affordable price

The MHBP Standard Option is setting a higher standard for postal service employee health plans — at a lower cost.

The plan's low copayments keep your costs down and out-of-pocket expenses predictable.

With network providers, the plan pays 100 percent for annual exams, lab tests, maternity care and more. For services like diagnostic tests or surgery, this plan has you covered.

### STANDARD OPTION BENEFITS INCLUDE:

- Up to \$350 in wellness rewards
- No out-of-pocket costs for maternity care
- No cost for telehealth through Teladoc Health®
- No cost MinuteClinic® at a CVS Pharmacy®\*
- 40 alternative care visits per year for chiropractic care and acupuncture
- No cost for Lab Savings Program

\*Includes select MinuteClinic services. Not all MinuteClinic services are covered. Please consult benefit documents to confirm which services are included. However, such services are covered at negotiated contract rates. This benefit is not available in all states. Aetna® and MinuteClinic, LLC (which either operates or provides certain management support services to MinuteClinic-branded walk-in clinics) are part of the CVS Health family of companies. Aetna is the brand name for products and services provided by Aetna Life Insurance Company and its affiliates.

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This is a summary of the MHBP Standard Option plan. Before making the final decision, please read the 2025 official Plan Brochure (RI 71-023). All benefits are subject to the definitions, limitations and exclusions set forth in the 2025 official Plan Brochure.

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## 2025 STANDARD OPTION RATES

Competitive rates with comprehensive coverage and low copays for doctor visits and most services.

### PSHB Biweekly Premiums

Self	73D	\$ 82.22
Self plus One	73F	\$ 189.26
Family	73E	\$ 191.07

These rates do not apply to all enrollees. If you are in a special enrollment category, please refer to the PSHB Program website or contact the agency or Tribal Employer that maintains your health benefits enrollment.

## CONNECT WITH MHBP



Call **1-833-497-2416 (TTY: 711)**  
24 hours a day, 7 days a week  
(except major holidays).

Or visit [MHBPPostal.com](https://www.mhbppostal.com) to schedule a one-on-one phone consultation, start a live chat, register to attend a webinar or learn more about MHBP plans.